

**SWORN STATEMENT TO ABIDE BY THE RULES FOR ENTRY INTO METROPOLITAN  
NATIONAL TERRITORY**  
(traveller aged above 11 years)

This statement shall be presented to the transport companies before boarding and to the border control authorities, together with the certificate of a negative virology screening (PCR) test conducted less than 72 hours earlier.

I, the undersigned,

Mr/Mrs:

Born on:

At:

Residing at:

**Hereby declares on my honour** that I have not had any of the following symptoms during the last 48 hours:

- Fever or chills;
  
- Cough or aggravation of my usual cough;
  
- Unusual fatigue;
  
- Unusual shortness of breath when I speak or make the slightest effort;
  
- muscle pain and/or unusual aches and pains;
  
- Unexpected headaches;
  
- Loss of taste or smell;
  
- Unusual diarrhoea.

**Hereby declare on my honour that** I have no knowledge of having been in contact with a confirmed case of COVID-19;

**Hereby pledge on my honour to:** Undergo an antigenic test or any screening upon arrival;

Done in:

On:

Signature: