

Before the Trip:

- **Passport/ID card:** Check validity
- **Travel insurance:** Consider purchasing international health insurance
- **Travel documents:** Flight tickets, hotel reservations, car rental bookings
- **Lignes d'Azur Tickets App:** Download in advance
- **Doctolib App:** Install for medical emergencies and appointment bookings

Packing List:

- **Clothing:** City and beach attire (no swimwear in the city)
- **Water shoes:** For the pebble beach in Nice
- **Beach towel:** Small beach towel
- **Sun umbrella:** Small sun umbrella for the beach if traveling by car
- **Hand luggage:** Always carry valuables, including charging cables
- **Pocket ashtray:** For smokers at the beach
- **Water bottles:** To refill at the green pumps and water stations in Nice
- **Sunscreen:** Use eco-friendly sunscreen with high SPF
- **Emergency kit:** First aid kit including "Fenistil gel" for jellyfish stings, add vinegar in Nice

Arrival:

- **Airport transfer:** Plan for tram, Uber, or taxi in advance if needed
- **Address:** Keep the hotel address handy (for taxi/Uber)
- **Parking:** Select a parking garage in advance, consider booking parking tickets ahead of time

In Nice:

- **Ticket:** Buy or recharge the plastic card for the tram at the machines
- **Parking:** Use guarded parking garages
- **Restaurant reservations:** Book tables in advance
- **Beach club:** Reserve sunbeds and tables
- **Clothing:** Dress appropriately for the city, avoid swimwear
- **Security:** Secure valuables, be aware of the risk of theft
- **Drinking water:** Refill water bottles at green pumps or water stations
- **Dog beach:** Visit the designated dog beach if needed

Other:

- **Telepeage badge:** Get one in advance for highway tolls
- **Check the weather:** Monitor the weather forecast for your travel dates

Emergency Numbers:

- **General emergency number for any situation in France:** 112
- **Police in Nice:** 17 or 112 from a mobile phone
- **Fire department in Nice:** 18 or 112 from a mobile phone
- **SAMU:** Ambulance service with doctors from the hospital